



This activity from the Mayor's Fund for London is to help us understand more about young people's experiences of the Kitchen Social programme. The information will be used to help with future delivery and provide you with the support and activities that they would like.

To engage the younger people, we have also designed an activity to accompany the questionnaires that are sent for the older children.

The activities are short and accessible. We have created two different activities but you only need to complete one as the questions are repeated. You can choose whichever activity seems most accessible to you; all resources are provided too.

We would greatly appreciate you spending the time on this as hearing from young people is invaluable in our research to support the work that you do.



Activity 1

This activity is based off the game Simon says, you will ask the question accompanied with an action and the children that agree will do the action. Please then record the number of children who responded with the action. Make sure to let us know the total amount of children involved in the activity too.

Feel free to alter the actions according to your environment.

No equipment is needed for this activity and a table of results is attached for you to complete.

Questions

How Many Children In Total Are Taking Part?	
<u>Questions</u>	<u>Action response number</u>
Wave two hands in the air if you enjoy coming to your Hub?	
Hop on one leg if you feel happy when you're here?	
Reach to the sky if you would rather be doing something else?	
Pat your head if you like the activities you can do here?	
Touch the ground if you would like more or different activities?	
Jump up and down if you have made new friends at your hub?	
Clap if you look forward to the food?	
Stamp if you like the food?	
Rub your belly if you feel safe at your hub?	
Become a star shape if this hub is close to your home?	





The space below is available for any feedback or information that you feel you cannot record through this format; any comments are more than welcome.





Activity 2

This activity requires you to set out a number scale from 1-5 using the space you have available to you. This can be created using any sort of markers that you have (eg: cones) available or spaces in the hub

Ensuring that the children are clear that 1 is Low and 5 is high, they will respond to you asking the question by running/walking to the number that they want to give as their answer. You can record how many children are at each number in the Table below.

You may feel a need to relate the numbers to the questions with each question that you ask, confirming that 1 is unhappy/bad/not important ect.. and 5 is very happy/very good/really important.

<u>Questions</u>	1	2	3	4	5
How happy do you feel when you're at your hub?					
How happy do you feel when you're not at your hub?					
How much do you enjoy the activities that you can do here?					
How important to you is the food you get here?					
How much do you enjoy the food?					
How Safe do you feel when you're at your hub?					
Have you made new friends here? 1 for none 5 for lots					
How easy is your journey to your hub?					
Are there lots of choices for games and equipment at your hub?					
Do you get to learn and try new things at your hub?					





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