



Lambeth & Southwark's

SUMMER OF FOOD AND FUN

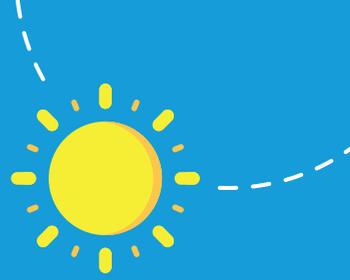
22 July - 2 Sept



IMPACT
REPORT
2020



Summer of Food and Fun 2020



Delivered by the Mayor's Fund for London
in partnership with Lambeth Council and Southwark Council

An extended six-week programme of holiday food services and fun activities.

Children, young people and their families/carers were invited to join an array of community activities either at their local holiday club or at home, including arts and crafts, food education, cooking, sports, theatre, ensuring plenty of opportunities to learn new skills, make new friends.

“

They enjoyed playing sports, the school lessons and the food.”

BURGESS SPORTS



Kitchen Social is the largest provider of food for children during the school holidays.

Developed by the Mayor's Fund for London, the programme addresses the growing and serious issue of food insecurity and social isolation of children outside of term time. It was one of 10 projects to receive Department for Education funding to run a holiday food and activities programme during the summer.

Kitchen Social not only gives children and young people a safe place to go where they can socialise and get a free, healthy meal, but also helps to alleviate the financial strain on families that comes with finding food and childcare activities for their children during the holidays.

As part of the offer, Kitchen Social introduced Take & Make boxes; providing families with a weekly box of nutritious, portioned ingredients to take away and cook at home; alongside this were a series of fun and educational recipe videos and recipe cards to engage young people in cooking at home.

Youth clubs, schools and children's centres, churches, adventure playgrounds and community centres were among those delivering the programme across both boroughs.

“

The 'Take and Make Box' activity pack has revealed hidden talents! Parents are so proud of their children.”

TOGETHER SOUTHWARK

149,931 MEALS

149,931 meals provided to children and young people

85,975 meals onsite

15,989 Take & Make boxes given to families amounting to 63,956 meals at home



“

The children said they had the best summer ever.”

KINGSWOOD ESTATE

Areas of impact

Community organisations working with Kitchen Social deliver statistically significant impact in the following areas:*

- positive community networks;
- improved diet in young people leading to nutritional intake improvement;
- less weight gain in young people in comparison to those who do not attend holiday hubs;
- exposure to foods that young people do not consume at home;
- significant increase in water consumption;
- involvement in more activities than those who do not attend holiday hubs;
- improved behaviour in young people;
- readiness to learn;
- young people develop new friendships;
- young people spend time with people that they wouldn't otherwise meet;
- better employment opportunities for parents;
- parental optimism about the future;
- parents' wellbeing;
- parents being more integrated into the community;
- positive financial impact on families.

*(Healthy living Lab, Northumbria University, March 2020)

80

community organisations involved

25

partners commissioned

790

registrations for 22 hub training sessions

218,220

hours dedicated to supporting and educating children

6,006

individual children benefited from the programme

166

funded SEND places for individual children

5,761

welcome bags delivered

Thank you!

This programme would not have been made possible without the dedication and generosity of our partners whose support helped to strengthen and diversify our holiday provision with training, catering supplies, welcome bags, books, arts and crafts supplies, physical activity equipment, hygiene products, recipe boxes, surplus food, transportation and storage.



To get involved with Kitchen Social or find out more visit: mayorsfundforlondon.org.uk

#kitchensocial

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